



Guide to Senior Care Resources



Brought to you by
Right at Home, Media PA
(610) 426-0888

Media, PA Senior Resources

Alzheimer's Resources in Media PA

Alzheimer's Association Resources

The **Delaware Valley Chapter** is the local chapter of the National Alzheimer's Disease and Related Disorders Association serving eighteen counties in SE Pennsylvania, Southern New Jersey and Delaware from our Headquarters in Philadelphia and seven Regional Offices.

Helping You

We are here to help. Call our 24/7 Helpline: 800.272.3900.

Welcome

The Alzheimer's Association Delaware Valley Chapter serves Southeastern Pennsylvania, South Jersey and Delaware. It is the local chapter of the National Alzheimer's Disease and Related Disorders Association.

We are an alliance of family members and professionals dedicated to helping people with Alzheimer's disease and their families through education, advocacy, and support.

Have questions? Our [Helpline](#) is always available. Call 800.272.3900.

Our mission:

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision:

A world without Alzheimer's disease.

Financial information

The Alzheimer's Association is a tax-exempt, 501(c)(3) nonprofit, donor-supported organization. Programs and services are made possible through contributions from individuals, corporations and foundations. The Delaware Valley Chapter uses 80% of funds raised for programs, services and research efforts.

Media PA Area Agency on Aging

We're here to help older people and people with disabilities along with their families and caregivers find services and resources to keep them living well and independently. We help:

Adults age 60 and older

Adults with physical or developmental disabilities

Our information and assistance is free and completely confidential. Some services are available on a limited basis and are based on program eligibility.

Our Link program has been renamed Pennsylvania Link to Aging and Disability Resources Delaware County.

To learn more about the Pennsylvania Link to Aging and Disability Resources Delaware County, contact Joanna King at kingj@co.delaware.pa.us or 610-490-1842

Meals on Wheels Media PA

Meals On Wheels of Delaware County, Inc. provides home-delivered meals, Monday through Friday, for our seniors and homebound neighbors who cannot prepare nutritious meals for themselves and do not live with someone who can provide balanced meals on a regular basis. This includes individuals with disabilities who need our meals to support their health and independence on a long-term basis, as well as adults with temporary needs (such as recuperation from surgery or a hospital stay). Two meals - one hot and one cold - are available

per day at a minimal cost. Clients may receive meals on any number of weekdays that best suits their schedule - one to five days each week.

We serve in the following areas in Delaware County:

Aston, Brookhaven, Haverford, Marple, Media, Nether Providence, Newtown Square, Parkside, Ridley, Swarthmore, and Upper Providence.

FOR MORE INFO:

To find out more about our services in your local area, please contact our county coordinator @ 610-566-4211.

TRANSPORTATION FOR PEOPLE WITH DISABILITIES

What is the Persons with Disabilities (PwD) Program

Community Transit, with the financial support from the Pennsylvania Department of Transportation, is providing Shared-ride Transportation Service to People with Disabilities. Shared-ride paratransit service is available to individuals with a disability, who do not have another source of transportation, at reduced fares. Please note that patrons cannot ride under the PwD Program if they are currently sponsored by other existing programs, such as SEPTA Customized Community Transportation or local human service agencies.

Who Qualifies for PwD Service?

In general the Americans with Disabilities Act (ADA) is the guiding force in eligibility determination. It defines a disability in this manner:

"Disability means, with respect to an individual, a physical or mental impairment that substantially limits one or more of the major life activities of such individual; a record of such an impairment; or being regarded as having such an impairment."

The ADA further defines "major life activities" as functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. If you think you may qualify for ADA transportation, please contact SEPTA CCT Customer Service for eligibility requirements and to register.

Their number is 215-580-7145. If you are traveling outside the SEPTA service area, please contact Community Transit at 610-490-3977 for a PwD application.

How to apply for Persons with Disabilities Service

To be eligible for this service an individual must fill out a Persons with Disabilities eligibility form and will need to produce documentation as to the nature of their disability from a qualified professional.

PwD Eligibility Application

PwD Applicant Instructions

A doctor or a health care professional could make this determination. In addition, caseworkers or agencies such as the Office of Vocational Rehabilitation (OVR) Mental Health/Mental Retardation Agency (MH/MR) or Pennsylvania Attendant Care Program could provide information to support an eligibility determination.

Transportation available:

Transportation is available for any trip purpose on a first come, first served basis. Trips must originate within Delaware County, and we can transport you anywhere within Delaware County. Trips to Philadelphia, Montgomery County and Chester County are available on a more limited basis. Community Transit reserves the right to deny a trip request when it cannot be combined with other trips.

Community Transit provides shared ride service and not exclusive taxi service. Passengers will be sharing a vehicle with other riders, so trips may take longer than in a private automobile. Customer Service Representatives may request that passengers adjust their appointment times to insure on-time arrival for all passengers aboard the vehicle.

How do I arrange for my trips?

When you receive your rider ID card, you may begin scheduling your trips by calling 610-490-3960 or our TTY line, 610-490-3990. Trip requests are accepted up to two weeks in advance. Community Transit will accept trip requests until noon one business day in advance, as availability permits. All trips are reserved on a first-come, first-served basis and rides are available as capacity and ride sharing allow. When you call, please be prepared to provide:

Your name

Address of pick up point

Entrance location, if applicable

Time of pick up

Your destination, including a phone number where we may reach you

Any special needs.

Want to bring an escort with you?

When you call to make your trip request, you must advise the Customer Service Representative if an escort will travel with you. A seat will be reserved for your escort. If the trip is within Delaware County the escort's fare will be \$5.00 each way. If the trip is to Philadelphia, the escort's fare will be \$10.00 each way.

Is passenger assistance available?

Basic service is from the curb of your pick up location to the curb of your destination. Door-to-door service may be provided if necessary and it is requested in advance. Please [click here to read Community Transit's Passenger Assistance Policy.](#)

How do I pay for my trip?

When you board the vehicle, your Community Transit driver will accept payment in cash or check in the form of exact change.

PwD Ride Program Service Hours

Monday through Friday 6 a.m. to 6 p.m.

Saturdays 6 a.m. to 6 p.m.

PwD will not be provided on the following holidays:

New Year's Day

Martin Luther King, Jr. Day

Memorial Day

Independence Day

Labor Day

Thanksgiving Day

Christmas Day

Inclement Weather?

Community Transit may suspend service when road conditions make driving hazardous. We will notify you with an automated phone call if we opt to suspend service.

Information & Trip Scheduling

Call (610) 490-3960 Monday through Friday 7:30 AM to 3:30 PM

Ombudsman Program

In Pennsylvania, ombudsmen investigate and work to resolve individual complaints and issues on behalf of consumers of long-term care services. They also provide education about residents' rights under federal and state law, and are friendly visitors for residents that don't have family or friends to check on them.

An ombudsman is available at each Area Agency on Aging to investigate and help resolve complaints made by or on behalf of older Pennsylvanians in long-term care facilities, such as nursing homes, assisted living facilities, and personal care homes.

For more information, contact your local [Area Agency on Aging](#).

Area Agencies on Aging

Your local Area Agency on Aging (AAA) is the front door for aging services in your community. Your AAA is staffed with skilled workers who can provide information about services and also assist in obtaining access to those services. Pennsylvania has 52 Area Agencies on Aging that cover all 67 counties.

Contact your local [Area Agency on Aging](#)

Adult Day Centers

Adult Day Centers (ADC) provide social, recreational, and health services for older Pennsylvanians. They are a great resource for families and other caregivers who work and are unable to provide assistance during work hours.

Contact your local [Adult Day Center](#)

Senior Community Centers

Senior Community Centers offer meals, recreation, health and wellness programs, and a variety of other services for older Pennsylvanians. There are over 500 Senior Community Centers throughout Pennsylvania.

Contact your local [Senior Community Center](#)

Pennsylvania Link to Aging and Disability Resources

The Pennsylvania Link to Aging and Disability Resources connects consumers to the full range of services available to help meet their needs.

Contact the Pennsylvania Link to Aging and Disability Resources by calling 1-800-753-8827.

Senior Driving Laws in Pennsylvania

License Types & Restrictions

In Pennsylvania, driver's licenses are issued specifically for the class and type of vehicle you operate. Therefore, the class of driver's license you should have depends specifically upon the type of vehicle you operate. Generally speaking, the majority of applicants for a Pennsylvania driver's license will be operators of regular passenger vehicles, pick-up trucks or vans.

Classes of Driver's Licenses

Non-commercial Driver's Licenses

CLASS A (minimum age 18): Required to operate any combination of vehicles with a gross weight rating of 26,001 pounds or more, where the vehicle(s) being towed is/are in excess of 10,000 pounds. Example: Recreational Vehicle, when the towing vehicle is rated at 11,000 pounds and the vehicle towed is rated at 15,500 pounds (total combination weight of 26,500 pounds).

CLASS B (minimum age 18): Required to operate any single vehicle rated in excess of 26,000 pounds. Example: Motor homes rated at 26,001 pounds or more.

CLASS C (minimum age 16): A Class C driver's license will be issued to persons 16 years of age or older, who have demonstrated their qualifications to operate any vehicles, except those requiring a Class M qualification, and who do not meet the definitions of Class A or Class B. Any firefighter or member of a rescue or emergency squad who is the holder of a Class C driver's license and who has a certificate of authorization from a fire chief or head of the rescue or emergency squad will be authorized to operate any fire or emergency vehicle registered to that fire department, rescue or emergency squad or municipality(emergency use only). The holder of a Class C license is authorized to drive a motor-driven cycle with an automatic transmission and cylinder capacity of 50 CCs or less, a 3-wheeled motorcycle with an enclosed cab or an auticycle.

CLASS M (minimum age 16): A Class M driver's license will be issued to those persons 16 years of age or older who have demonstrated their ability to operate a motorcycle or motor-driven cycle. If a person is qualified to operate only a motorcycle or motor-driven cycle, he/she will be issued a Class M driver's license. If you test on a motor-driven cycle, an "8" restriction will appear on your driver's license. This restriction prohibits you from operating a motorcycle. If you test on a 3-wheeled motorcycle, a "9" restriction will appear on your driver's license. This restriction prohibits you from operating a 2-wheeled motorcycle.

License Restrictions

Under Section 1512 of the PA Vehicle Code, the Department has the authority whenever there is good cause to add restrictions suitable to the licensee's driving ability with respect to special equipment required to be installed on a motor

vehicle or other restrictions applicable to assure the safe operation of a motor vehicle.

Medical Restrictions and their use:

1 - License holder must wear corrective lenses when driving (glasses/contacts)

2 - Vehicle must be equipped with mirrors on both sides of the vehicle. (dual mirrors)

3 - Vehicle must be equipped with an automatic transmission (no manual transmission)

4 - Vehicle must be equipped with special equipment (spinner knob, left foot gas pedal, etc.)

5 - License holder can only drive during daylight hours sunrise to sunset (no night driving)

6 - License holder is considered a Classified driver because of a physical impairment that will not affect ability to drive (missing fingers, missing an arm, etc.)

7 - License holder has a Restricted license because of a visual impairment (limited to driving within a limited radius of residence; limited to roads other than freeways; limited to passenger vehicles weighing no more than 10,000 pounds; cannot operate a motorcycle)

8 - Driver's M License is restricted to a motor-driven cycle (motorcycle motor cannot be greater than 5 brake horsepower)

9 - Driver's M License is restricted from operating a 2-wheel motorcycle

A - Permit holder is restricted to operating a vehicle equipped with dual controls (right side brake pedal) with a certified driver trainer in the passenger seat.

Z - Motorcycle learner's permit holder can only operate a motorcycle during daylight hours sunrise to sunset (no night riding)

MEDICAL REPORTING

OVERVIEW

Welcome to PennDOT's Medical Reporting Information Center. This information center contains information and resources for both Pennsylvania's health care personnel and drivers who have medical conditions that may impair their ability to safely operate a motor vehicle as well as their families.

To help keep Pennsylvania's roadways safe for everyone, it is the law in Pennsylvania that health care personnel who are authorized to diagnose and treat disorders and disabilities report to PennDOT any patient 15 years of age or older, who has been diagnosed as having a condition that could impair his or her ability to safely operate a motor vehicle. Through this mechanism, health care personnel help PennDOT in determining whether persons applying for a driver's license or those persons already possessing a driver's license are medically fit to safely drive. This allows health care personnel to play a vital role in helping to protect the public from death or injury caused by drivers with medical conditions that affect their ability to drive safely.

For health care personnel, this information center provides a detailed program description, including the Medical Reporting and PennDOT Review Process (PDF) along with a listing of the Medical Reporting Criteria and Regulations and provides downloadable medical reporting forms. In addition, it provides access to several important online resources that may help health care personnel assess fitness to drive. Finally, it provides brochures that can be downloaded and distributed to patients who have medical conditions that can affect their driving. These brochures help explain the reporting process including the role of the health care personnel in the process and provide information on how a patient can maintain their independence without continuing to drive.

For Pennsylvania drivers and their families who may be affected by this law, this information center provides a general description of the program including the health care personnel and PennDOT roles in the process. Additionally, it serves as a resource for drivers and their families by providing links to online resources for those who can no longer drive along with downloadable brochures explaining the reporting process and how to maintain independence without continuing to drive.

Medicaid Program in Pennsylvania

Medicaid in Pennsylvania

Medical Assistance, also known as **Medicaid**, and sometimes referred to as **MA**, pays for health care services for eligible individuals.

How to Apply for Medical Assistance

There are a couple of different ways to apply for Medical Assistance, please choose the option that suits you. If you do not know if you are eligible, you may still apply.

You can apply for or renew your Medical Assistance benefits online by using COMPASS. COMPASS is the name of the website where you can apply for Medical Assistance and many other services that can help you make ends meet.

You can apply by telephone for Health Care Coverage by calling the Consumer Service Center for Health Care Coverage at 1-866-550-4355.

You can also apply for Medical Assistance by contacting your local county assistance office.

Or, you can download an application form to send to your county assistance office. If you need help completing the application form, a county assistance office staff member can help you. Click on the link to download an application.

Application for cash assistance, SNAP and Medical Assistance Benefits (PDF download)

What if I am not eligible for Medical Assistance?

Contact your county assistance office and a trained staff member will determine what programs may be available to you.

Or you may explore these links to learn about additional health care programs available in Pennsylvania.

Dental Services

Breast and Cervical Cancer Screening and Treatment

Medical Assistance for Children and Pregnant Women

Medicare Part D Drug Coverage Information

Family Planning Services

Help with Medical Appointments if your English is Limited

Sign Language Interpreter Services for Medical Appointments

Substance Abuse Services

Office of Long-Term Living

Long Term Care Services

Long Term Living in PA

Get a Ride to the Doctor: Medical Assistance Transportation Program

Phillyhealthinfo.org

Special Kids Network

Medical Assistance Eligibility Handbook

Long Term Care Handbook

What kind of care is available through Medical Assistance?

Physical Health Options

Mental Health/Substance Abuse Services Options



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