



Guide to Senior Care Resources



Brought to you by
Everlight Care

Call Your Local Experts:

559-206-2935

Alzheimer's / Dementia Resources

Chapter Headquarters

1528 Chapala Street #204
Santa Barbara, CA 93101
805.892.4259 - t
805.892.4250 - f

The Alzheimer's Association California Central Coast Chapter serves Santa Barbara, San Luis Obispo and Ventura Counties. We help all those facing Alzheimer's disease and other dementias by providing support groups and educational resources, while advancing crucial research and public policy initiatives.

Our mission: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision: A world without Alzheimer's®.

The Alzheimer's Association provides care and support

The Alzheimer's Association provides services to the Santa Barbara, San Luis Obispo and Ventura County communities. Our support groups are led by local facilitators and are offered regularly. Our education programs for the general public, both online and in person, feature information on topics such as diagnosis, warning signs, communication, living with Alzheimer's disease and caregiving techniques.

[Find a support group or educational program near you.](#)

The Alzheimer's Association advocates for the needs and rights of those facing Alzheimer's

The Association is the leading voice for Alzheimer's disease advocacy, making the need for Alzheimer's care, education and research is heard at every level of government, including Sacramento.

[Join us by becoming an advocate.](#)

The Alzheimer's Association accelerates research across the globe

As the largest nonprofit funder of [Alzheimer's research](#), the Association is committed to accelerating the global progress toward methods of treatment, prevention and ultimately, a cure.

Fresno Area Agency on Aging

Area Agency on Aging Fresno / Madera

The Agency on Aging has been connecting older adults to information, resources, and services since 1980. We were created through a collaboration between Fresno County, Madera County, and the City of Fresno. We are one of 33 area agencies on aging in the state. The California Department of Aging has designated the area we serve, Fresno and Madera counties, as planning and service area 14.

(559) 600-4405

(800) 510-2020

Open 8:00 a.m. – 4:30 p.m. weekdays

3837 North Clark Street, Fresno, CA 93726

Web: www.fmaaa.org

The Agency on Aging creates partnerships with local organizations to improve access to core services for older adults and family caregivers. Many of these services are funded through our agency with federal Older Americans Act funds.

Adult Day Care

- [Valley Caregiver Resource Center](#)

Elder Abuse Prevention, Education and Training

- [Valley Caregiver Resource Center](#)

Family Caregiver Support Program

- [Valley Caregiver Resource Center](#)

Health Insurance Counseling and Advocacy Program (HICAP)

- [Valley Caregiver Resource Center](#)

Health Promotion: Powerful Tools for Caregiving

- [Valley Caregiver Resource Center](#)

Legal Assistance

- [Central California Legal Services](#)

Long Term Care Ombudsman Program

- [Valley Caregiver Resource Center](#)

Nutrition Site Management

- [City of Clovis](#)
- [City of Firebaugh](#)
- [City of Fowler](#)
- [City of Fresno](#)
- [City of Huron](#)
- [City of Kerman](#)
- [City of Kingsburg](#)
- [City of Madera](#)
- [City of Orange Cove](#)
- [City of Reedley](#)
- [City of Sanger](#)
- [Coalinga-Huron Recreation & Park District](#)
- [County of Madera/Community Action Partnership](#)
- [Fresno Economic Opportunities Commission](#)
- [Sierra Oaks Senior Citizens Association](#)

Transportation

- [City of Madera](#)
- [Fresno Economic Opportunities Commission](#)

Meals on Wheels Fresno

Home-Delivered Meals

If you are homebound and have no one to help you with groceries or meals, call us at **559-600-4405** to find out about having meals delivered to your home.

Congregate Nutrition

Join friends, old and new, for lunch in your community. Choose a place to have lunch from the map below, or [click here for a list of lunch sites](#).

Call the meal site by 11:00 a.m. the day before you plan to visit so a meal can be reserved for you. Donations are accepted, but if you're 60 years of age or over, we're happy to serve you, whether or not you choose to donate. We also welcome other guests for a small fee to cover the cost of the meal.

Transportation for Seniors

City of Madera

Dial-a-Ride tickets are available for seniors 60+ on Tuesdays at 9:00 am at the Frank A. Bergon Senior Center and Pan-American Community Center, there is a suggested donation per ticket book of \$5.00. Limit of one (1) book of tickets (10 one way tickets) per person per week. Ticket book availability is first come, first serve, while supplies last.

Fresno Transportation

Let Us Drive You!

Taxi Scrip

You save 75% on taxi rides and pay just 25¢ on the dollar. Use your Taxi Scrip with us! We provide:

- ADA Accessible Vans
- Friendly Drivers
- Future Ride Scheduling Available

For pick-up by Fresno EOC Taxi Scrip Service Vehicle, call (559) 263-8099

To purchase Taxi Scrip, you must be at least 70 years old and live in Fresno County. Apply for Senior Taxi Scrip by visiting [Fresno Council of Governments \(Fresno COG\) online](#) or by calling (559) 233-4148 to receive an application in the mail.

Fresno Madera Area Agency on Aging (FMAAA)

Fresno Economic Opportunities Commission has developed a partnership with the Fresno, Madera Agency on Aging to provide transportation. Here is a list of approved Community Centers for meals, crafts and socializing:

Mary Ella Brown, Ted C. Wills, Inspiration Park, and Mosqueda

- ADA Accessible Vans
- Door-to-Door Transportation
- Friendly Drivers
- Future Ride Scheduling Available

For pick-up by Fresno EOC vehicle, call (559) 263-8099

Applicants must be at least 60 years old and live within a five mile radius of a Community Center. Apply for FMAAA transportation by calling (559) 486-6587 or stop by a Community Center to register.



Agency on Aging

Serving Fresno & Madera

Connecting the Community

(559) 600-4405 (800) 510-2020

Open 8:00 a.m. – 4:30 p.m. weekdays

3837 North Clark Street, Fresno, CA 93726

Web: www.fmaaa.org Email: services@fmaaa.org

Quick Reference Guide for Older Adults and Caregivers

<p>24 Hour Hotlines</p> <p><i>Call 911 for Emergency</i></p>	<p>Adult Protective Services – Fresno 600-3383</p> <p>Adult Protective Services – Madera 675-7839</p> <p>Alcoholics Anonymous 221-6907</p> <p>Central Valley Crisis & Suicide Prevention Hotline 888-506-5991</p> <p>Domestic Violence Crisis Hotline – Marjaree Mason Center 233-4357</p> <p>Long-Term Care Ombudsman CRISISline 800-231-4024</p> <p>Rape Crisis Line – RCS Fresno 222-7273</p> <p>United Way-Community Services Info. & Referral (Fresno County) 211</p> <p>Veterans Crisis Line TTY 800-799-4889 800-273-8255</p> <p>Victim Services Crisis Hotline – CAPMC (Madera County) 800-355-8989</p>
<p>Adult Day Care</p>	<p>Somerford Place Daybreak Program – Fresno..... 446-6226</p> <p>Valley Caregiver Resource Center – OASIS Adult Day Center–Fresno ... 221-0396</p> <p>Valley Caregiver Resource Center – PALS Adult Day Center–Fresno..... 224-9121</p>
<p>Adult Day Health Care</p>	<p>Adult Day Health Care of Fresno & Clovis 227-8600</p> <p>Heritage Adult Day Health Care – Fresno 222-0304</p> <p>Heritage West Adult Day Health Care – Fresno 261-0707</p> <p>Valley Adult Day Health Care – Fresno..... 454-0386</p>
<p>Alzheimer’s Disease</p>	<p>Alzheimer’s Association 753-8200</p> <p>Alzheimer’s Foundation of Central California 222-2444</p> <p>Operation Lost & Found - Madera County Sheriff’s Department 675-7770</p> <p>UCSF Fresno Alzheimer’s & Memory Center 227-4810</p>

Agency on Aging Toll-Free Information & Assistance - 800-510-2020

Caregiving	Family Caregiver Support Program Agency on Aging 600-4405 Valley Caregiver Resource Center 224-9154
Case Management	Agency on Aging – Linkages, Multipurpose Senior Services Program 600-4405 Fresno PACE for Seniors 400-6420
Disability	California Department of Rehabilitation TTY 266-3373 445-6011 California Relay Service 711 California Telephone Access Program 800-806-1191 Central Valley Regional Center 276-4300 Deaf & Hard of Hearing Service Center VP 408-5249 225-3323 Resources for Independence, Central Valley VP 408-5185 221-2330 Talking Book Library for the Blind 600-3217 Valley Center for the Blind 222-4447
Elder Abuse	Adult Protective Services – Fresno 600-3383 Adult Protective Services – Madera 675-7829 Long Term Care Ombudsman – Valley Caregiver Resource Center 224-9177
Financial Assistance	General Relief – Fresno County Department of Social Services 600-2650 General Assistance – Madera County Department of Social Services 675-2300
Food Programs	Agency on Aging – Home-Delivered Meals & Congregate Nutrition Program Lunch Locations 600-4405 CalFresh – Fresno County 855-832-8082 CalFresh – Madera County 675-2300 Community Food Bank 237-3663 Madera County Food Bank 674-1482
Fraud	Identity Theft Hotline TTY 866-653-4261 877-438-4338 Medi-Cal or In-Home Supportive Services Fraud 800-822-6222 Medicare Fraud 800-447-8477 Social Security Fraud 800-269-0271
Health Insurance	Medicare TTY 877-486-2048 800-633-4227 Medi-Cal for Aged (65+), Blind and Disabled Fresno County 600-5490 Madera County 662-2639 Covered California TTY 888-889-4500 800-300-1506 HICAP (Health Insurance Counseling) – Valley Caregiver Resource Center . 224-9117

Hospice	Call Agency on Aging for Referrals 600-4405
Housing	Older Adult Apartments, Retirement Communities & Mobile Home Park Listings Agency on Aging..... 600-4405 Housing Authority – Fresno County TTY 800-735-2929..... 443-8400 Housing Authority – City of Madera..... 674-5695 US Department of Housing & Urban Development (HUD) 415-489-6400
Housing Advocacy	State of California Dept. of Fair Employment & Housing TDD 800-700-2320..... 800-884-1684 Office of the Mobilehome Ombudsman 800-952-5275 Fair Housing Council of Central California 244-2950
In-Home Supportive Services	In-Home Supportive Services – Fresno County 600-6666 In-Home Supportive Services – Madera County 662-2600
Legal	Central California Legal Services 570-1200 California Rural Legal Assistance – Fresno County 441-8721 California Rural Legal Assistance – Madera County 674-5671 Fresno County Bar Association – Attorney Referral and Information 264-0137 Superior Court of California – Family Law/Self Help Center Fresno County 457-2100 Madera County 416-5520
Long Term Care	Lists of Skilled Nursing Facilities & Residential Care Facilities for the Elderly Valley Caregiver Resource Center 224-9177 Long Term Care Ombudsman - Valley Caregiver Resource Center..... 224-9177 Nursing Home Compare Tool..... www.medicare.gov/nursinghomecompare State of California Dept. of Public Health Licensing & Certification 437-1500
Medical Supplies & Equipment	Call Agency on Aging for Referrals 600-4405
Mental Health & Substance Abuse	County Behavioral Health Older Adult Mental Health Clinic – Fresno County 600-5755 Substance Abuse Services – Fresno County 600-6087 Mental Health & Substance Abuse Screening/Referral–Madera County... 673-3508 National Alliance on Mental Illness (NAMI) – Fresno Office 224-2469

Money Management	Catholic Charities – Representative Payee Program..... 485-3144
	Public Guardian – Fresno County 600-1500
	Public Guardian – Madera County 662-8891
	Social Security Administration – Representative Payee Program..... 800-772-1213
Social Security	Social Security Administration TTY 800-325-0778..... 800-772-1213
Transportation	Chowchilla Area Transit (CATX)..... 665-8655
	Clovis Stageline 324-2770
	Eastern Madera County Senior Citizen Bus & Medical Escort Service 658-5555
	Fresno Area Express (FAX) 621-7433
	Fresno County Rural Transit Agency..... 800-325-7433
	Fresno County Taxi Scrip Program (Age 70+)..... 233-4148
	Madera Area Express (MAX)..... 661-7433
	Madera County Connection (MCC) 661-3040
Transportation Paratransit	Dial A Ride – City of Madera 661-7433
	Handy Ride – City of Fresno – Application 621-7433
	Handy Ride – City of Fresno – Reservation or Cancellation 621-5770
	Round Up – City of Clovis 324-2760
Transportation Specialized	Call Agency on Aging for Referrals for Non-Emergency Medical Transport & Special Transport..... 600-4405
Utilities Assistance	California LifeLine (Telephone Service)..... TTY 866-272-0358 ... 866-272-0349
	PG&E-California Alternative Rates for Energy ... TDD 800-652-4712 866-743-2273
	PG&E–Medical Baseline Allowance TDD 800-652-4712 800-743-5000
	PG&E–Relief for Energy Assistance through Community Help (REACH)
	Community Action Partnership of Madera County..... 673-9173
	Salvation Army Family Services, Fresno..... 233-0138
	Low-Income Home Energy Assistance Program (LIHEAP)
	Community Action Partnership of Madera County 673-9173
Fresno EOC 263-1135	
Veterans	Veterans Service Office – Fresno..... 600-5436
	Veterans Service Office – Madera..... 675-7766
	Veterans Caregiver Support Line 855-260-3274
	VA Central California Health Care System 225-6100

The Fresno-Madera Area Agency on Aging has made its best effort to ensure this Quick Reference Guide, a sample listing of available services, is correct and current at the time of publication, but takes no responsibility for any error, omission, or defect therein. Inclusion of an organization does not imply a recommendation or endorsement. Reproduction in whole or part is permitted with credit. June 2018



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