



APPROVED
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(732) 723-5227

Monmouth County Area Senior Resources

Monmouth County Office on Aging

3000 Kozloski Road
Freehold, NJ 07728
Telephone 732-431-7450

The Monmouth County Office on Aging has information about the services, programs and resources available to county residents 60 years of age and older.

The primary goal is to ensure that our older citizens receive the services that will help them maintain their dignity, independence and quality of life.

The Office on Aging was established by the Monmouth County Board of Chosen Freeholders in 1975 and utilizes federal, state, and county funds to develop programs and partnerships to deliver essential services to the seniors of Monmouth County.

Since 2006 Medicare Part D offers help paying for some prescription medications. The coverage is voluntary and is handled by private insurance companies. The monthly premium varies and the formulary for each plan varies.

The Monmouth County Division on Aging, Disabilities and Veteran's Services is happy to once again have a Medicare Part D specialist on staff for the open enrollment period.

Lynn Goldstone has been a Part D specialist for the Monmouth County Division on Aging, Disabilities and Veteran's Services since 2008. Lynn can explain how Medicare Part D works, extra help for paying for Part D, moving in and out of the donut hole, choosing a plan and signing up for a plan.

The office is located at 3000 Kozloski Road, Freehold. Appointments can be scheduled by calling 732-431-7450. Appointments will start on October 15 and run thru open enrollment period to Dec. 7.

Monmouth County Veterans Services

Veterans Services Office

3000 Kozloski Road

Freehold, NJ 07728

Phone: 732-683-8675 Fax: 732-683-8676

Due to confidentiality and HIPAA federal and state regulations, you need to include a telephone contact number and/or address when you email us. No responses by the County potentially revealing Protected Health Information can be made via e-mail.

The Monmouth County Veterans Services Office serves the past, present, and future veterans of Monmouth County find the benefits and services to which they are entitled.

Office hours are Monday through Friday from 8:30 a.m. to 4:30 p.m.

Services Provided: Veteran's assistance and referral services (see below)

Veteran's assistance includes:

- Initiate a service-connected compensation and pension claims with the U.S. Department of Veterans Affairs.
- Guide Veterans through the process of gathering medical documentation to support service-connected compensation and pension claims.
- Initiate request for all military records.
- Assist veterans' widows, children, and other dependents in applying for benefits.
- Veterans Services Brochure

- Veterans' ID cards are available at the Monmouth County Clerk's Office and provide veterans with valuable discounts from local retailers. For more information, visit the Monmouth County Clerk's Office website.

Referral services include:

- Post-Traumatic Stress Disorder counseling
- Individual counseling
- Group counseling
- Family counseling
- Readjustment counseling
- Bereavement counseling
- VA Healthcare
- Referral for long-term care such as the Menlo Park, Vineland, and Paramus Veterans' Memorial Homes
- Home loan guaranty
- Employment counseling/vocational rehabilitation

Interment services include:

- Maintains records of deceased Monmouth County veterans
- Locates any veterans grave upon the family's request
- Handles requests for services from veterans and family members
- Memorial Day Flags - Distributes approximately 38,000 flags to veterans' organizations to be placed on Monmouth County veterans' graves.

Veteran Links:

New Jersey Department of Military and Veteran Affairs: www.state.nj.us/military/

Veterans Administration: www.va.gov/

VA Clinics:

Brick: <http://www.newjersey.va.gov/locations/brick.asp>

Tinton Falls: [http://www.newjersey.va.gov/locations/Tinton Falls.asp](http://www.newjersey.va.gov/locations/Tinton_Falls.asp)

VA Hospitals - East Orange and Lyons: www.newjersey.va.gov/

Vietnam Veterans of America, New Jersey State

Council: www.njscvva.org/

New Jersey Vietnam Veterans' Memorial: www.njvvmf.org/

American Legion, New Jersey Department: www.njamericanlegion.org/

Veterans of Foreign Wars of New Jersey: www.njvfw.com/ (Click "Post Info" for District 6 Monmouth County Chapters)

New Jersey Veteran

Organizations: www.vetfriends.com/organizations/directory.cfm?state=NJ

Division of Transportation Monmouth County NJ

250 Center Street, Freehold NJ 07728

Phone: 732-431-6480,

Bus/Train Information 732-780-1121

Fax: 732-845-2028

Website

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DOT provides public and specialized transportation services for residents of Monmouth County through direct operation and contracted service; promotes and provides supportive services for public transit services in Monmouth County.

Days and Hours: Monday-Friday 7:30 a.m. - 4:30 p.m.

Area Served: Monmouth County

Services Provided: SCAT transportation, referrals, transportation for the disabled and seniors.

Method of Application: Call for information or reservations.

Eligibility Requirements: Yes. Senior Citizens (over 60), permanently disabled and selected portions of the general public.

Fees/Dues: Starting at \$3.00 based on zones for one-way for in county medical and shared ride transportation; \$4.00 one-way for educational

facilities; \$10.00 one-way for out-of-county medical transportation. up to 5 miles over border. Various rates for kidney dialysis transportation. Shared ride work limited transportation starting at \$7.00.

Handicapped Access: Yes

Transportation Provided: Yes

Languages Spoken: English

Donations: Yes

Volunteer: No

Meals on Wheels/ Hot Meals

Sharing a meal is central to a family, but for some of our elderly that is no longer possible and they feel the loneliness and isolation of being alone. In addition, they often do not eat well because of limited income, inability to shop or to prepare meals.

Participation in our congregate meal program can ease the void created when a person lives alone. Our congregate locations throughout Monmouth County provide a warm and inviting social setting. A senior coming in to a center for the first time is embraced by the companionship of peers, and friendships are created that last beyond the time spent at the site. Lives are enhanced by seniors looking after seniors.

Congregate Sites: (Hot Meals Served at these Locations)

Asbury Park Senior Center
Springwood Center
1201 Springwood Ave.
Asbury Park, NJ 07712
(732) 807-2708

Bayshore Senior Day Center
100 Main Street
Keansburg, NJ 07734
(732) 495-2454

Howell Senior Center
298 Old Tavern Road

Howell, NJ 07731
(732) 938-4937

Keyport Senior Center
110 Second Street
Keyport, NJ 07735
(732) 888-4876

Middletown Senior Center
Croyden Hall
Leonardville Road
Leonardo, NJ 07737
(732) 291-0999

Neptune Senior Center
1835 Corlies Avenue
Neptune, NJ 07753
(732) 988-8855

Red Bank Senior Center
80 Shrewsbury Avenue
Red Bank, NJ 07701
(732) 747-5204

Meals on Wheels

Our program provides a noontime meal for approximately 3,500 senior citizens annually, a total of 350,000 meals per year. The meals are nutritionally well balanced, planned by a registered dietitian who is a member of our staff. A limited weekend and holiday meal program is provided for the neediest and frail homebound seniors who have no

one else to care for them. Those over age sixty are eligible for this program (and a limited number of younger disabled persons).

Our program is funded partially by Monmouth County grants, USDA reimbursement and donations from our meal program participants and generous donors.

For the homebound senior, our meals-on-wheels program provides a vital link to the world. The senior can remain comfortably at home with the dignity of independence and the security of having someone visit once a day with a nutritious meal. The warm smile of one of our wonderful volunteers or caring meals-on-wheels drivers is also very important to them.

Community Outreach

Diane Shelton

Outreach Specialist

dianes@interfaithneighbors.org

732.775-0525 x201



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