





Brought to you by All Caring Healthcare

Call Your Local Experts:

(814) 205-9951

Erie, PA Area Senior Care Resources

Your Primary Resource in Our Area

All Caring Healthcare

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All Caring Healthcare is a locally owned company specializing in home care services. We have a history of caring. We are owned and operated by a dedicated group of home care professionals. Our company has a commitment to excellence that allows us to offer the finest quality of home health care.

All Caring has established an outstanding reputation by identifying the specific requirements of our clients and matching those requirements with the best health care associates. Our dedicated staff personally assists our clients and coordinates services with both family and physicians. We combine the latest technology and training available using a personal and caring approach.

At All Caring we understand that home is where you want to be, and our services allow patients to enjoy the best quality of life possible by providing in home care when they need it and where they want.



Elderly and Aging

The Area Agency on Aging (AAA) provides for the physical, social, & emotional needs of the senior citizens of Erie County through informal and formal supports that enable seniors to make informed choices, to be safe, to remain independent, and to be involved in the community. A small copayment is required for some services. These services, provided through the mandates of the Older American's Act, are designed to respond to those seniors

- remaining active and involved in their community
- being cared for in their home where they feel comfortable
- requiring placement services
- requiring protection and advocacy

<u>Information and Referral Services</u> serves as an entry point for AAA services and provides information and community linkages. An information and referral caseworker forwards agency referrals for Area Agency on Aging Programs to the Pre-Admission Assessment Program. A

caseworker then assesses a consumer for eligibility for Long Term Care Placement Services, AAA Options Services, PDA Aging Waiver Services, or refers the consumer to appropriate community resources.

<u>Pre-Admission Assessments</u> are comprehensive assessments performed on those individuals 60 years and older who are seeking in-home service or on individuals 18 years and older who are determined to be nursing-home eligible who are seeking in-home services or nursing home ineligible and seeking placement in a Personal Care Boarding Home or Domiciliary Care Home.

Assessment is conducted to determine the least restrictive alternative for the person, so that independence is maintained and care needs are satisfied.

<u>Care Management</u> provides an in-depth evaluation of client needs and the facilitation of the most appropriate services and monitors those services and the person's care plan.

<u>Domiciliary Care</u> provides living arrangements for persons unable to live independently. Residences certified are private family homes. Consumers are placed and monitored by a care manager.

<u>Family Caregiver Support Program</u> is support for the caregiver to maintain the care necessary for persons who are maintained in their home environment.

<u>Farmer's Market Nutrition Program</u> through the Department of Agriculture, Erie County residents 60 years of age and older may be eligible to receive vouchers to purchase fruits and vegetables from Farmer's Market Stands. Senior FMNP is operated by the Senior Center Service component. FMNP offers four \$5 vouchers to be utilized at any of the 52 local participant vendors. The program runs from June through September.

<u>Home PLUS Project</u> is designed to reduce risk factors and to stabilize housing. It provides assessment, case management including mental health services and other aging services on-site to Housing Authority of the City of Erie residents at Schmid Towers and Friendship Apartments. Partner Agency (Erie Center on Health and Aging) provides medical services.

Aging Waiver Program offers eligible participants an alternative to institutional care. For those eligible clients/consumers, who have been assessed with a nursing home level of care, case management staff develops a care plan and arranges a variety of in-home services to insure the participants can safely remain in a community setting. Benefit counseling is made available to those consumers that may experience difficulty in pursuing financial eligibility for medical assistance to qualify for this program.

Seniors requiring protection and advocacy are served through:

<u>Older Adult Protective Services</u> provides 24-hour access to caseworkers who investigate abuse, neglect, exploitation, and abandonment of persons 60 years of age and older.

Ombudsman advocates for residents of long term care facilities and evaluates and mediates the complaints made by or on behalf of such residents. Volunteers are recruited and trained to assist the Ombudsman. These volunteers can be individuals from the community or they may be peer volunteers who actually reside within the long-term facilities, all providing visits and resources for the residents.

<u>Senior Advocate</u> assists seniors in obtaining services and benefits along with coordination of the APPRISE program to help seniors access Medicare and prescription plans.

Remaining active and involved in their community, seniors are offered these opportunities:

<u>Foster Grandparent Program</u> provides eligible persons, 55 years and older, with a modest stipend for volunteering with young children who have special needs.

<u>Retired and Senior Volunteer Program (RSVP)</u> provides volunteer opportunities for persons, 55 years and older, matching personal interests, skills and life experiences with the needs of a variety of community organizations.

<u>Senior Community Service Employment Program (SCSEP)</u> places low-income seniors, age 55 and older, into subsidized, part-time community service training opportunities leading to skill development and unsubsidized employment.

<u>Senior Center Services</u> offer nutritional, recreational, educational, and social activities at 11 senior centers located throughout Erie city and county. Access to these sites is aided by transportation services purchased from the LIFT.

Senior Center Services

Senior Center Services offers nutritional, recreational, educational, and social activities at 7 GECAC operated senior centers located throughout Erie city and county. Line dancing, billiards, art classes, card parties, gardening, and field trips are just a few of the activities that go on at the senior centers. Senior Centers also provide a nutritious noon meal, a chance to visit with friends, and opportunities for health screenings and consumer workshops. Access to these sites is aided by transportation services purchased from the LIFT. The Farmer's Market Nutrition Program is operated by the Senior Center Services component.

Escapior Center Locations (12 KB)

E Senior Centers Brochure (807 KB)

FREE AEA Arthritis Foundation Exercise Classes at the seven GECAC Senior Centers. See dates and locations in the flyer below:

Arthritis Flyer (201 KB)

Healthy Steps Workshops are from 10:00am-3pm. See dates & locations in the flyer below:

<u>► Healthy Steps Flyer</u> (251 KB)

Independent Council on Aging- Erie

The Independent Council on Aging, Inc. (ICA) is a voluntary, not-for-profit coalition of individuals, agencies and businesses from the public and private sectors who provide services to seniors in Erie and Erie County.

Guide To Services: https://www.icaerie.org/guide-to-services.html

News and Events: https://www.icaerie.org/news

Meals on Wheels - Erie Area

WELCOME to Meals On Wheels in **Erie County, Pennsylvania** where we have been delivering nutritious meals to home-bound seniors **since 1971** and now **serves ~ 90,000 meals and shops for groceries over 500 times annually**. Our mission is to "promote healthy, independent living through home delivery of nutrition services."

HOME DELIVERED MEAL PROGRAMS

- **1.)** Our moderately priced **Private Pay Meals** are ready-to-heat, nutritious and served by caring volunteers directly from the kitchen to your door. Our meals are designed for home bound seniors who are or could be suffering from a nutrition deficit caused by the inability to cook or shop for food. **Good nutrition is the foundation of good health.**
- **2.)** Our **Under 60 Persons With Disabilities Program** serves free meals to qualified disabled, home bound persons between the ages of 18 and 59. This program is limited but call to get on our waiting list.
- **3.)** We also deliver a free food program from the Greater Erie Community Action Committee (**GECAC**) for those who income and medically qualify. **GECAC** is the sole qualifier for these meals.

Click here for meal delivery details.

GROCERY SHOPPING & DELIVERY SERVICE

Our **Grocery Shopping & Delivery Service** is for those who are home bound due to age, recovery, infirmity, or disability and cannot shop for food themselves but prefer to cook for themselves. There is no minimum age for this service. This service is county wide.

Click here for grocery delivery details.







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