Senior Resources for Hood, Parker, and Johnson County, Texas

All resources are available online but have been put together in one PDF Document for your convenience.

Made Available to You By:



Visiting Angels of Granbury, TX

817-279-7373

A proud member of:





Your Trusted Local Resource for Information



PHONE: 817-279-7373

Welcome to Visiting Angels Granbury! We are a locally owned and operated home care agency. Our non-medical services allow you or your loved one to age in place, safely and comfortably at home, or supplement services you or your loved one may be receiving in a hospital or facility setting. With senior home care from Visiting Angels, you or your loved one will receive a helping hand with everyday tasks that can become difficult to do independently.

"I believe that no person should have to leave their home before they are ready. We work very hard to provide quality service for our clients and their loved ones."

-Mike Sherman, owner of Visiting Angels Granbury, TX

Visiting Angels in Parker, Hood and Johnson Counties, TX

Mike Sherman opened this office in 2009 after seeing how difficult it can be for someone to care for their parents or a loved one without professional help. Mike understands the vulnerability that comes with bringing someone into your home and the stress associated with familial caregiving. Our experienced team members can speak with you about your situation and help you decide how Visiting Angels can best meet your specific needs with one of our compassionate, experienced caregivers. Apart from Private Pay Services, we can work with most long-term care insurance companies, the Veteran's Aid and Attendance Benefit, and we are a provider for the Area Agency on Aging as well as the Community Services program through the Veterans Administration.

To learn more about what your Granbury Visiting Angels office can do for you, please call us at 817-279-7373. We will be more than happy to speak with you over the phone or schedule a free in-home consultation. We are available to our clients outside of normal business hours including nights and weekends.

Visiting Angels Granbury has served the communities of Granbury, Weatherford,

Cleburne, Stephenville, Azle, Benbrook and Crowley for over 8 years. We have been

voted, "Best of Hood County" Home Care Agency, for 2016 and 2017! Whether you are looking

for occasional respite care or 24hr around the clock care, we strive to provide compassionate

care with experienced, professional caregivers.

The team here at Visiting Angels Granbury is dedicated to assisting you to navigate the aging

process. We realize that there is not a lot of information available to find when it comes to aging,

and everyone ages differently. There is no guarantee that everyone will experience the same

process as they age, the possible outcomes are endless.

That's why, at Visiting Angels Granbury, we try to stay up to date on the latest news and options

for aging care. Even if we cannot assist you, we will make every effort to put you in contact

someone or a service that can!

To learn more about senior home care from Visiting Angels Granbury, please call our office

today.

PHONE: 817-279-7373

HOOD COUNTY INFORMATION

MEALS ON WHEELS PROGRAM

Alternate/ DBA Name:

Hood County Senior Center AKA Hood County Meals on Wheels

Primary Contact Title:

Executive Director

Primary Contact:

Jeanette Scott

Primary Contact Phone Number:

(817) 573-5533

Primary Contact Email:

srcenter.director@gmail.com

From humble beginnings at the Shanley House in 1977, we have grown to serve over 6,000 meals each month to more than 300 Hood County senior citizens each day.

Providing more than just a hot meal, Meals on Wheels volunteers deliver care, compassion and love to home bound seniors struggling with hunger every day.

In addition, the Hood County Senior Center is open daily for lunch service and transportation assistance is available with limited restrictions and prior reservation.

Making a Referral

The North Central Texas Area Agency on Aging has an open referral system and accepts referrals from older adults, caregivers, friends, and advocates.

You can make a referral by calling 1-800-272-3921 ext. 7194

Contact Information

Doni Green, Director of Aging

Phone: 1-800-272-3921 | Fax: 817-695-9274

Home By Choice

Home By Choice is a program that is funded by managed care organizations to help nursing home residents return to the community.

In order to qualify for Home By Choice, an individual must currently be living in a nursing home and receive Medicaid benefits.

Home By Choice provides intense case management services to nursing home residents to help remove barriers to independent living.

For more information about Home By Choice, or to make a referral, call 1-800-272-3921, ext. 7396.

Home by Choice brochure

Contact Information

Tamara Busby, Senior Case Manager

Phone: 1-800-272-3921 ext. 7396 | Fax: 817-695-9274

Information for Caregivers

The North Central Texas Area Agency on Aging has a broad range of support services for family caregivers, including Caregiver Support Coordination, Respite Care, Caregiver Information Services, and Caregiver Counseling. The following are eligibility criteria.

- The caregiver cannot be paid for his/her services;
- Either the caregiver or care receiver must live in Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell or Wise County;

The caregiver must be:

- o caring for someone who is at least 60 years of age;
- o caring for someone who has Alzheimer's or a related dementia:
- be at least 55 years of age and have primary custody of a grandchild who is under the age of 18; or
- be at least 55 years of age and care for a relative who has severe disabilities

Some programs, such as Caregiver Support Coordination, have additional eligibility criteria.

Caregiver Support Coordination

Caregiver Support Coordination provides temporary assistance to caregivers who are caring for loved ones at risk of premature institutionalization. The program's case managers assess the needs of family caregivers and arrange services that support their goals. These services include respite care, minor home modifications, leasing of emergency response devices, and purchase of health-related goods and supplies not covered by insurance.

The program gives priority to caregivers who care for someone who has Alzheimer's and/or impairments of two or more activities of daily living; care for someone who has been hospitalized within the last two weeks; have had to cut back on work hours because of care responsibilities, and/or has experienced physical/emotional problems because of care responsibilities; care for someone who has no other support— either paid or unpaid; and live in the same home as the care receiver.

Visit the <u>Area Agency on Aging referrals page</u> to access screening criteria and referral forms for Caregiver Support Coordination services, as well as criteria for the Care Coordination and Grandparents Raising Grandchildren programs. You can also call 1-800-272-3921 to get more information or make a referral.

Caregiver Respite Care

The <u>Caregiver Respite program</u> gives family caregivers a temporary break from their caregiving responsibilities. It issues vouchers to caregivers so they can make arrangements with providers they trust. The standard one-time benefit is \$300, which can be used all at once or gradually over a three-month period.

Caregiver Information Services

The North Central Texas Area Agency on Aging has resource specialists and contractors who provide general information and connect caregivers with programs that support their care goals. Call 1-800-272-3921 to speak with an Area Agency on Aging resource specialist.

We've created three publications to help caregivers understand their options for resources in the community or care in assisted living facilities and nursing homes.

- Understanding Your Options for Services in the Community
- Understanding Your Options for Care in a Nursing Home or Assisted Living
 Facility
- Understanding Residential Care Options for People with Alzheimer's

Our contracted services include:

- **Family Caregivers Online** This web site, developed by contractor Zanda Hilger, contains educational materials and resource links.
- Workshops conducted by the Alzheimer's Association of North Central Texas –
 Caregivers who live in Erath, Hood, Johnson, Palo Pinto, Parker, Somervell, and
 Wise counties can call the North Central Texas chapter at 817-336-4949 for dates
 and locations. Caregivers of persons with Alzheimer's can also call the
 Alzheimer's Association's national helpline at 1-800-272-3900.

- Caregiver Counseling The Wellness Center of Collin County provides face-toface individual and group counseling to family members who are caring for older adults. Z-Quest provides individual counseling over the phone to family caregivers.
- **REACH II** The Alzheimer's Association of North Central Texas provides intensive in-home education and support to caregivers of loved ones with dementia who live in Hood, Johnson, Parker and Wise counties. In addition, it serves caregivers in Erath, Palo Pinto, and Somervell counties on a case-by-case basis. Call 817-336-4949 for more information.

Grandparents Raising Grandchildren

The Grandparents Raising Grandchildren program provides temporary assistance to grandparents who have primary custody of grandchildren under the age of 18. The program's case managers assess the needs of grandparents and arrange services that support their goals. These services include respite vouchers that can be used for day care or summer camp, help with back-to-school clothing and supplies, benefits counseling, and consultations with attorneys to establish guardianship.

The program gives priority to grandparents who care for grandchildren who are medically fragile or have special needs; care for more than one person (i.e. grandchild, elderly family member, disabled adult); have had a hospitalization within the last four weeks, and/or have experienced physical problems because of their care responsibilities; care for grandchildren who have no other support—either paid or unpaid; and/or have income at or below 150% of the federal poverty level (\$1,560 for an individual, or \$2,113 for a couple). Visit the <u>Area Agency on Aging referrals page</u> to access screening criteria and referral forms for Grandparents Raising Grandchildren services. You can also call 1-800-272-3921 to get more information or make a referral.

"Building Better Caregivers" Classes

The "Building Better Caregivers" workshop series is structured as a six-week program, with workshops meeting once a week for 2-1/2 hours. It was developed by Stanford University and the U.S. Department of Veterans Affairs to support family members and other informal caregivers who help people with memory loss. Workshop topics include dealing with stress; responding to difficult behaviors; getting help; making decisions about treatment and housing options; communicating with family, friends, and health care professionals; planning for future needs; and getting legal affairs in order.

For more information about "Building Better Caregivers" classes, contact **Laura Wolfe** at 972-978-1371 or **Kim Mathis** at 940-999-1024.

Contact Information

Doni Green, Director of Aging

Phone: 1-800-272-3921 | Fax: 817-695-9274

Hood County Committee on Aging - Transportation Program

Transportation is offered to seniors 60+ Monday - Friday morning. To be eligible:

- A person must be 60 years of age or older.
- A person must reside within the allowed transportation coverage area.
- A person must not have transportation available through other resources.
- A person must not be able to drive.
- Paperwork must be filled out prior to using this transportation service. A Solid Gold Rider Card identification number must be issued to each HCCOA client using The Transit System transportation.

Clients can make standing reservations for lunch, grocery shopping, and beauty shop appointments. Doctor appointments will be handled on an as-needed basis.

Clients will be transported to and from local doctor and dentist appointments Monday through Friday. These appointments will be given first consideration when scheduling all transportation. Transportation reservations must be made by noon of the day before the client wishes to be picked up, unless they already have a standing reservation.

Transportation can be arranged for shopping, hair appointments, doctor appointments, and other reasons.

Monday - Friday 8am-12pm

VA DISABILITY RATING REQUIREMENT:

No Disability Requirement

Johnson County Meals on Wheels Information

Christine Hockin-Boyd, Executive Director

Meals on Wheels of Johnson & Ellis Counties

503 Ferris Ave, Suite D

PO Box 2651

Waxahachie, TX 75165

Phone 817-558-2840 (Metro)

Fax 817-517-5453

Email christine@mowjec.org

Services: Meals

ELIGIBILITY FOR MEALS

- Usually 60 years old or older
- Reside within the service area
- Primarily homebound or have little or no help
- Have physical or mental impairments, which make meal preparation difficult

Income is not a criteria for service. All people who receive Meals on Wheels are asked to make a voluntary contribution to share in the costs of the meals. No one is ever refused service because of inability to contribute.

Short-term service is also available for up to six weeks for those who are recuperating from serious illness or other situations. In some cases, service is provided for a spouse or other caregiver who is at risk of becoming overwhelmed by the responsibilities involved in the caring of an individual.

Clients' situations change, persons recovering from surgery may gradually become able to provide for themselves or a caregiver may become available at the noontime hour. When this occurs, we take clients off our program to accommodate others in need. A member of our Client Services' team visits each client frequently to assess their individual situation.

Our goal is to make sure that each client is getting nourishment they need. If you know of someone that could benefit from home-delivered meals, it is easy and convenient to make a referral: Phone 817-558-2840 (Metro)

Johnson County Transportation

Grady Easdon, Transportation Manager

City of Cleburne City-County Transportation

101 N. Robinson

Cleburne, TX 76031

Phone 817-645-0924

Fax 817-645-6636

Email grady.easdon@cleburne.net

Services: Transportation

Scheduling a trip

Scheduling

Trip requests may be made up to seven working days in advance and are taken Monday-Friday 7 am-6 pm. If space is available, same day trip requests will be accepted. Please call 817-641-1800 or 866-913-1800 to schedule a ride. **All openings are filled on a first call-first serve basis.**

When calling to schedule a ride, please have the following information ready:

- 1. The time you are due at your destination and the time you would like to return.
- 2. Destination address and description
- 3. If you use a mobility device, and/or if an aide or guest will be accompanying you
- 4. If you are a new client, some additional information will be needed, such as your date of birth, home address, and telephone number.

Standing Reservations

Standing reservations are for passengers who ride to or from a certain destination at a set time every week. Standing reservations will not exceed 50% of all trips provided during each specific time interval of the day. Please contact the office to inquire about standing reservation availability. If needed a waiting list may be established to keep track of interested parties.

Parker County Information

Parker County Committee on Aging

Shelly Mowery, Executive Director

Parker County Committee on Aging, Inc.

1225 Holland Lake Dr

PO Box 817

Weatherford, TX 76086

Phone 817-594-7419 or 817-596-4640 (Metro)

Fax 817-341-3900

Email shelly.mowery@pccoa.org

Services: Meals and Transportation

Parker County Meals on Wheels

Eligibility

To qualify for home-delivered meals from Meals On Wheels a person must be:

- Age 60 or over
- Homebound (even for a short time)
- Unable to prepare a nutritious meal
- And not have anyone available to help him or her on a regular basis.

The first step to Meals on Wheels eligibility is to fill out the form below and submit it online. Then an assessment to determine eligibility will be scheduled by

the Case Manager. The Case Manager will make a home visit to complete the assessment, answer questions, and make a recommendation for service.

Find the form here: https://www.pccoa.org/parker-county-committee-on-aging/meals-on-wheels/

Parker County Transportation

Reta Brooks, Executive Director

Public Transit Services

PO Box 1055

Mineral Wells, TX 76068

Phone 940-328-1391

Fax 940-328-1392

Email rbrooks@publictransitservices.org

Services: Transportation

Public Transit Services provides reliable and affordable transportation for all within the Service Area of Palo Pinto and Parker Counties. Additionally, services are provided from Palo Pinto and Parker Counties into the neighboring counties as applicable to service needs. Service is provided on a first call – first serve basis therefore advance notice is required. Call PTS for more details.

Palo Pinto County and Parker County, TX.

Trips must originate from within the coverage area.

In addition to providing transportation to the general public, we strive to help families who are faced with extreme poverty and crisis, while encouraging them to turn poverty in to opportunity, and attain a higher, healthier, quality of life.

Senior Centers in Parker County

Springtown Senior Center

1060 N Main St

Springtown, TX 76082

Phone 817-523-6133

Shelly Mowery, Manager

Weatherford Senior Center

1225 Holland Lake Rd

Weatherford, TX 76086

Phone 817-594-7419

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